

## *Bowed Over Placemat & Napkin Set*



**This is a fun, quick and *EASY* pattern. Having dinner for guests this weekend or a theme party? These are a snap to sew and will perk up your table in no time. Bet you can't make just one set!**



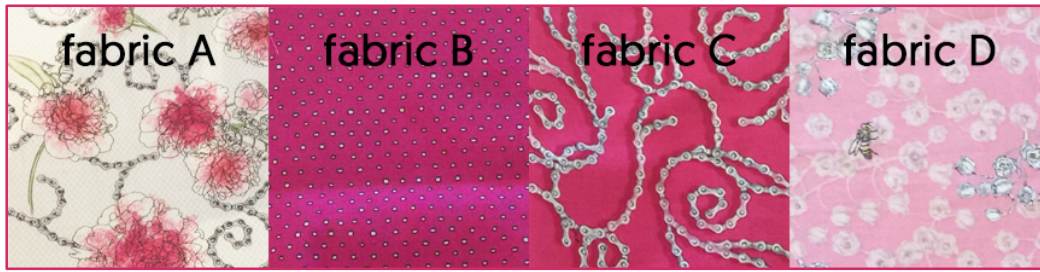
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# *Bowed Over Placemat & Napkin Set*

**Reading through all instructions before cutting and sewing will help to eliminate errors.**

Here are the fabrics that I selected for the Sweet Rebellion Sewing Challenge.



## **MATERIALS below will make 2 sets:**

- 1/3 yard fabric A
- 1/2 yard fabric B
- 1/2 yard fabric C
- 1/2 yard fabric D
- 2/3 yard medium weight interfacing (such as Pellon ShapeFlex 101)

## **CUT:**

- From fabric A:
  - Cut 2: 14.5" w x 13.5" h (placemat - front right)
  - Cut 2: 6" w x 7" h (placemat bow)
- From fabric B:
  - Cut 2: 4.5" w x 13.5" h (placemat - front left)
  - Cut 2: 18.5" w x 13.5" h (placemat - back)
- From fabric C:
  - Cut 2: 17.5" w x 17.5" h (napkins)
  - Cut 2: 2.5" w x 2.5" h (bow center)
- From fabric D:
  - Cut 2: 17.5" w x 17.5" h (napkins)
- From interfacing:
  - Cut 2: 18.5" w x 13.5" h (fused to placemat back)

## **TIPS:**

- Seam allowance for this pattern is 1/4".
- Topstitch at 1/8". I like to increase my stitch length when topstitching.
- Trust the process.

## PREPARING THE PIECES

1. Fuse the interfacing to both placemat backs according to manufacturer's directions, set aside.
2. Take each of the 4 napkin squares and cut them in half, on the diagonal. (see figure 11 for tip)
3. Figure 1 below shows all of the prepared pieces. Let's get sewing now!



figure 1

## MAKING THE BOW CENTER

1. Turn two opposite ends under,  $\frac{1}{4}$ ", and press. (figure 2)
2. Topstitch the long edges.
3. Fold the piece in half, right sides together and stitch close at the raw edges.
4. Press the seam open and turn right sides out. (figure 3)

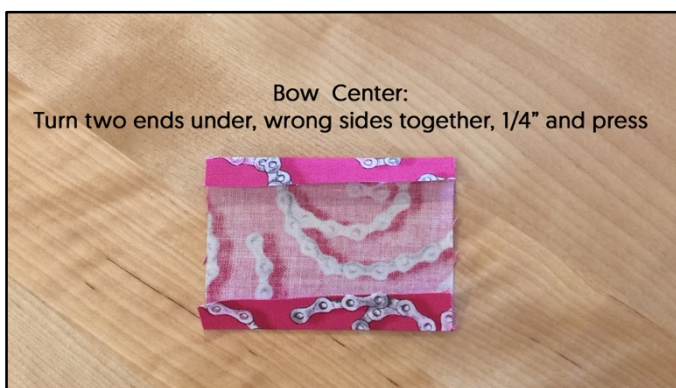


figure 2

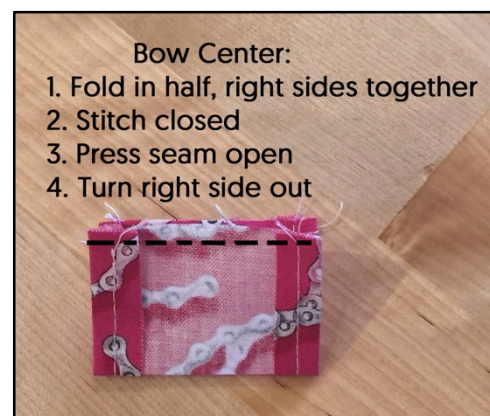
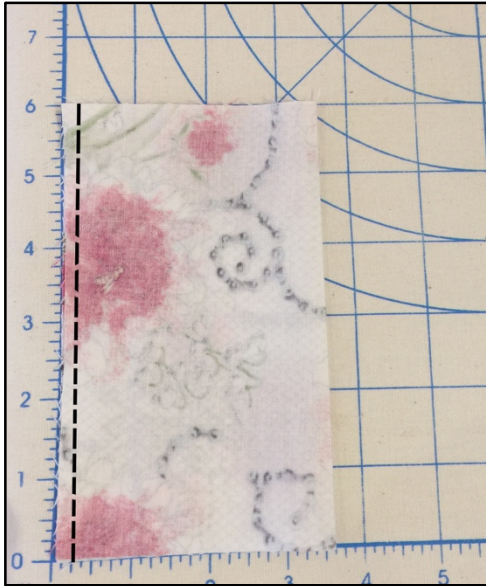


figure 3

## COMPLETING THE BOW

1. Fold the 6" w x 7" h piece in half, right sides together, so it measures 6" x 3.5". Press. Stitch along the long raw edge. (*figure 4*)
2. Press the seam open and turn right side out. (*figure 5*)
3. Fold (or roll) the bow so it is small enough to fit through the bow center. (*figure 6*)
4. Once through, open and spread the bow out so it looks nice. Align the seams of both the bow and center so they are on the bottom. (*figure 6*)
5. Fold a "placemat – front left" piece in half (short edges together) and crease. (*figure 6*)
6. Place the bow over the crease and pin at the sides. (*figure 6*)
7. Baste the bow to the placemat piece. Make sure to leave some slack in the bow so the napkin will fit underneath. Trim any overhang even with the placemat strip. (*figure 7*)



*figure 4*



*figure 5*



*figure 6*



*figure 7*

## COMPLETE THE PLACEMAT

1. With right sides together, stitch front left piece (with bow) and front right together. (figure 8)
2. With right sides together, stitch completed front and placemat back (piece with fused interfacing) together, leaving an opening for turning. Turn right sides out. I like to use a point turner or chopstick to poke the corners out. Press well.
3. Topstitch around the entire placemat. This will close the opening and give it a finished look. When coming to the bow, move it out of the way and stitch as far as possible under the bow. Backstitch and remove the placemat to "hop" over the bow. Start underneath the bow to continue the topstitching. (figures 9 and 10)



figure 8



figure 9



figure 10

## MAKING THE NAPKIN

1. Cutting Tip: When cutting the napkin on the diagonal, I like to use the markings on my cutting mat to make sure I'm getting an accurate cut. Line up the corners of the square with the diagonal marking on the mat. Using a long enough ruler, cut from corner to corner. Easy peasy! Do this with all four 17.5" squares, creating 8 triangles. (figure 11)
2. With 2 contrasting triangles, right sides together, and sew along the longest edge. (figure 12)
3. With 2 squares, right sides together, sew all the way around, leaving a small opening for turning. Turn right side out; poke out corners; press well; topstitch. (figure 13)



figure 11



figure 12



figure 13

**NAPKIN FOLDING AT ITS BEST – SAME NAPKIN, MANY DIFFERENT LOOKS!**

